1. Stage one kits for 998cc / 1100cc / 1300cc engines
   a. The engine will require adjustment/tuning after fitment and specialist equipment or knowledge is required. It is advisable to have the car set up on a rolling road and ensure exhaust emissions and ignition timing are correct.
   b. This proven kit is not recommended for vehicles with factory fitted engine management control units, 1275cc - Oct.1991 on.
   c. Fitting of extra engine/gearbox stabilisers is recommended.

This kit includes:
- Freeflow exhaust manifold.
- Mini Spares inlet manifold.
- RC40 / RC40-010 / RC40-012 exhaust system and fitting kit depending on kit.
- K&N filter element.
- Replacement carburettor needle (spring loaded BIAS type).
- Manifold gaskets and carburettor gaskets.
- Full fitting instructions.

Beware: Instructions must be read carefully. Although the stage one kits are bolt on parts, easily fitted by any person with mechanical knowledge, points a, b and c at top of page must be understood.

For all fuel injected cars
3. Stage One Kit. If your front downpipe or exhaust are getting tired then change to this conversion and get extra power for little expense. New better flowing downpipe with flexible knuckle to catalyst and a single rear silencer box section from catalyst back plus all gaskets and fittings required. .............. C-STN16

4. Stud for exhaust downpipe flange. Order individually. ... TD108051A
5. Flanged Nut for exhaust stud. Order individually. ....... FX108047
6. Rubber hanger strap ......................... JBP7104
7. Catalyst gasket 2 required. Order individually .......... GEXT7761
8. Down pipe to manifold gasket. Order individually ........ GEXT7779

RESULTS OBTAINED FROM FITTING 998 KIT:

- 20% more power
- 12% more torque
- Best mpg 55
- Worst mpg42
- Average mpg 47
- No significant noise increase

- Standard induction and exhaust system
- Modified system using MG Metro inlet manifold
- Modified system using Mini Spares’ inlet manifold